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# Stein's Lemma—A Large Deviations Approach

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In this report, we prove Stein's Lemma by using a Large Deviations principle. Our proof is general, direct, and intuitive. We represent the log-likelihood ratio used to test between the two hypotheses on the basis of the first <i>n</i> observations as a sample mean of i.i.d. observations. Led by the Strong Law of Large Numbers, we formulate a series of hypothesis tests that bound the true Neyman-Pearson tests. We then determine the asymptotic behavior of these tests by using arguments from the proof of Cramer's Theorem. The conclusion of Stein's Lemma follows.						
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## STEIN'S LEMMA—A LARGE DEVIATIONS APPROACH

#### INTRODUCTION

In this report, we prove Stein's Lemma, see Ref. 1, by using a Large Deviations Principle. This idea was first proposed in Ref. 2; we provide a proof that is more general, direct, and intuitive.

Stein's Lemma is formulated as follows. Let  $\{X_n\}_1^\infty$  be a sequence of i.i.d. observations defined on some underlying probability triple  $(\Omega, \mathcal{F}, R)$  and taking values in a measurable space  $(E, \mathcal{E})$ . We know that the probability measure R is one of two probability measures P or Q. For each  $n = 1, 2, \ldots$ , we form a Neyman-Pearson test to decide whether R = P or R = Q on the basis of  $X_1, X_2, \ldots, X_n$  (clearly, we need that  $P \neq Q$  for this problem to be meaningful). Stein's Lemma states that for a fixed power constraint, the size of the Neyman-Pearson tests decays at an exponential rate and provides a formula for this rate.

To place the problem in a rigorous setting, let  $\{\mathcal{F}_n\}_1^{\infty}$  be the filtration of  $\mathcal{F}$  generated by the observations;

$$\mathcal{F}_n := \sigma\{X_1, X_2 \dots X_n\}. \qquad n = 1, 2, \dots$$
 (1)

Let  $0 < \epsilon < 1$  be a predetermined constant, and take  $n = 1, 2, \ldots$  For each set D in  $\mathcal{F}_n$ , we can define a decision rule to select P or Q by choosing P if and only if  $\omega \in D$  for any  $\omega \in \Omega$  (the requirement that D be in  $\mathcal{F}_n$  is of course equivalent to the requirement that our decision be a function of the observations  $X_1, X_2 \ldots X_n$ ). To form the Neyman-Pearson test of power  $\epsilon$ , we vary  $D \in \mathcal{F}_n$  so as to minimize the size Q(D) (the false alarm rate in radar parlance) subject to the requirement that the power P(D) satisfy  $P(D) \geq 1 - \epsilon$  (i.e., a lower bound on the detection probability). Let  $e(n, \epsilon)$  be this minimum, or more exactly, infimum; symbolically

$$e(n,\epsilon) := \inf\{Q(D) : D \in \mathcal{F}_n, P(D) > 1 - \epsilon\}.$$

$$n = 1, 2, \dots$$
 (2)

Define  $\bar{P}$  (respectively  $\bar{Q}$ ) as the probability measure induced on  $(E,\mathcal{E})$  by any one of the observation RV's  $X_1,X_2,\ldots$  under the probability measure P (respectively Q). Since the observations are identically distributed, it does not matter which  $X_n$  we select to define  $\bar{P}$  and  $\bar{Q}$ ; we may choose  $\bar{P} = PX_1^{-1}$  and  $\bar{Q} = QX_1^{-1}$ . The result that we wish to prove can now be stated.

#### THE MAIN RESULT

Theorem 1 (Stein). Assume that  $\bar{P}$  is absolutely continuous with respect to  $\bar{Q}$ . Then

$$\lim_{n} \frac{1}{n} \log e(n, \epsilon) = -D(\bar{P}, \bar{Q})$$
(3)

where

$$D(\bar{P}, \bar{Q}) := \int_{E} \log \frac{d\bar{P}}{d\bar{Q}} d\bar{P}, \tag{4}$$

the integral possibly being infinite.

If the observation space E is finite, this result is the same as the one in Ref. 3, Corollary 2.2.2, and in Ref. 2. We note that  $D(\tilde{P}, \bar{Q})$  is the Kullback-Leibler informational divergence of  $\bar{P}$  from  $\bar{Q}$ ; thus we know

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that  $D(\bar{P}, \bar{Q})$  is well defined; see Ref. 4 and Appendix A. Note also that if  $\bar{P}$  is not absolutely continuous with respect to  $\bar{Q}$ , the Neyman-Pearson tests are trivial and  $e(n, \epsilon) = 0$  for n large. Indeed, assume that  $\bar{P}$  is not absolutely continuous with respect to  $\bar{Q}$  so that there is a set A in  $\mathcal{E}$  such that  $\bar{P}(A) > 0$  but  $\bar{Q}(A) = 0$ . For each  $n = 1, 2, \ldots$ , define the decision region  $D_n \in \mathcal{F}_n$  as

$$D_{n} := \{X_{i} \in A \text{ for some } i = 1, 2, \dots, n\}$$

$$= \bigcup_{i=1}^{n} \{X_{i} \in A\}.$$
(5)

Then

$$P(D_n) = 1 - P(\tilde{D}_n)$$

$$= 1 - P\left(\bigcap_{i=1}^n \{X_i \in \tilde{A}\}\right)$$

$$= 1 - \bar{P}(\tilde{A})^n,$$
(6)

so that  $\lim_{n} P(D_n) = 1$ , and consequently  $D_n$  satisfies the power constraint for n large. But since

$$Q(D_n) \le \sum_{i=1}^n Q\{X_i \in A\}$$

$$= \sum_{i=1}^n \bar{Q}(A) = 0,$$
(7)

we conclude that for n large,  $e(n, \epsilon) \leq Q(D_n) = 0$ .

## MOTIVATION FOR THE PROOF OF STEIN'S LEMMA

It is a well-known result that Neyman-Pearson tests are performed by comparing a log-likelihood ratio to a threshold, see Ref. 5, Thm. 5.5.2. For each  $n=1,2,\ldots$ , let  $P_n$  (respectively  $Q_n$ ) be the restriction of P (respectively Q) to the  $\sigma$ -field  $\mathcal{F}_n$ . The absolute continuity requirement on  $\bar{P}$  and  $\bar{Q}$  implies that for each  $n=1,2,\ldots,P_n$  is absolutely continuous with respect to  $Q_n$ , so that our log-likelihood ratio is  $\log dP_n/dQ_n$ . If we define

$$Y_i := \log \frac{d\bar{P}}{d\bar{Q}}(X_i), \qquad n = 1, 2, \dots$$
 (8)

then it is not difficult to verify that

$$\log \frac{dP_n}{dQ_n} = S_n \qquad n = 1, 2, \dots \tag{9}$$

where

$$S_n := \sum_{i=1}^n Y_i.$$
  $n = 1, 2, \dots$  (10)

Note that the sequence  $\{Y_n\}_1^{\infty}$  is an i.i.d. sequence and that we have suggestively written the log-likelihood ratio as a partial sum. If R = P, then by the Strong Law of Large Numbers (SLLN),

$$\frac{1}{n}S_n \xrightarrow{P-a.s.} \int_{\Omega} Y_1 dP$$

$$= \int_E \log \frac{d\bar{P}}{d\bar{Q}} d\bar{P}$$

$$= D(\bar{P}, \bar{Q}).$$
(11)

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Alternately, if R = Q, we would then expect that if  $\bar{Q}$  is absolutely continuous with respect to  $\bar{P}$ ,

$$\frac{1}{n}S_{n} \xrightarrow{Q-a.s.} \int_{\Omega} Y_{1}dQ$$

$$= \int_{E} \log \frac{d\bar{P}}{d\bar{Q}}d\bar{Q}$$

$$= -\int_{E} \log \frac{d\bar{Q}}{d\bar{P}}d\bar{Q}$$

$$= -D(\bar{Q},\bar{P}).$$
(12)

(See Appendix B for the SLLNs that are required in Eqs. (11) and (12) if the integrals are infinite.)

From Eqs. (11) and (12), our hypothesis tests should reflect the fact that  $S_n/n$  has different almost sure limits under the different probability measures P and Q. If we define our decision regions so as to decide that R = P if  $S_n/n$  is near  $D(\bar{P}, \bar{Q})$ , then a high rate of detection and a low false alarm rate should result for large n. (Note that Eqs. (11) and (12) explain a technical difficulty. If P agrees with Q on  $\mathcal{F}_{\infty} := \bigvee_{n=1}^{\infty} \mathcal{F}_n$ , then we expect not to be able to distinguish between R = P and R = Q from the observations. This is reflected in the easily verified fact that  $\bar{P} = \bar{Q}$  if and only if P and Q coincide on  $\mathcal{F}_{\infty}$ , in which case  $D(\bar{P}, \bar{Q}) = D(\bar{Q}, \bar{P}) = 0$  and  $S_n/n$  tends almost surely to 0 under both P and Q.) Since  $\{Y_i\}_1^{\infty}$  is i.i.d., we can use Cramér's theorem from the field of Large Deviations, see Ref. 6, Theorem 3.8 and Ref. 7, Theorem 3.1, to describe the rate at which  $S_n/n$  tends to its limit under P and Q. The reasoning behind the following arguments is then clear.

## PROOF OF THEOREM 1

#### A Large Deviations Principle

Let us temporarily assume that

- (a) the probability measure  $\bar{Q}$  is absolutely continuous with respect to the probability measure  $\bar{P}$ ,
- (b)  $D(\bar{P}, \bar{Q}) < \infty$  and  $D(\bar{Q}, \bar{P}) < \infty$ , and
- (c) the moment generating function M of  $Y_1$  under Q; i.e.,  $M(\theta) := \int_{\Omega} e^{\theta Y_1} dQ$ , is finite for all  $\theta$  in IR.

Under these assumptions, we may directly verify the upper bound

$$\limsup_{n} \frac{1}{n} \log e(n, \epsilon) \le -D(\bar{P}, \bar{Q}) \tag{13}$$

by invoking Cramér's Theorem. Fix  $\delta > 0$  and set  $F_{\delta} := [D(\bar{P}, \bar{Q}) - \delta, \infty)$ . From Eq. (11) we know that if R = P, then  $\lim_n S_n/n \in F_{\delta}$  P-a.s. Since almost sure convergence is stronger than convergence in probability, it is immediate that

$$\lim_{n} P(\{S_n/n \in F_{\delta}\}) = 1, \tag{14}$$

so for large n, the decision regions given by

$$D_n := \{S_n/n \in F_\delta\}$$
  $n = 1, 2, \dots$  (15)

satisfy the power constraint.

We can now apply Cramér's Theorem to verify that

$$\limsup_{n} \frac{1}{n} \log Q(D_n) \le -\inf_{x \in F_{\delta}} I(x), \tag{16}$$

where I is the Legendre-Fenchel transform, see Ref. 8, Chapter 6, of  $\log M(\cdot)$ ;

$$I(x) := \sup_{\theta \in IR} (\theta x - \log M(\theta)). \qquad x \in IR \quad (17)$$

From Ref. 6, Lemma 3.3, we know that  $x \mapsto I(x)$  is nondecreasing for  $x \ge \int_{\Omega} Y_1 dQ = -D(\bar{Q}, \bar{P})$ , the integral being well defined under assumption (b). Thus

$$\inf_{x \in F_{\delta}} I(x) = I\left(D(\bar{P}, \bar{Q}) - \delta\right). \tag{18}$$

But

$$I\left(D(\bar{P},\bar{Q}) - \delta\right) \ge (1)\left(D(\tilde{P},\bar{Q}) - \delta\right) - \log M(1)$$

$$= D(\tilde{P},\bar{Q}) - \delta$$
(19)

since

$$M(1) = \int_{E} e^{\log \frac{dP}{dQ}} d\bar{Q} = \bar{P}(E) = 1.$$

$$(20)$$

Combining Eqs. (16) through (19), we have that

$$\limsup_{n} Q(D_n) \le -D(\tilde{P}, \bar{Q}) + \delta. \tag{21}$$

In view of Eq. (14), we then have that

$$\limsup_{n} \frac{1}{n} \log e(n, \epsilon) \le \limsup_{n} \frac{1}{n} \log Q(D_n) \le -D(\bar{P}, \tilde{Q}) + \delta. \tag{22}$$

Since  $\delta > 0$  was arbitrary, Eq. (13) is established.

An inspection of the proof of Cramér's theorem reveals how to prove Theorem 1 when assumptions (a) through (c) are not enforced.

Case 1:  $D(\bar{P}, \bar{Q}) < \infty$ 

Upper Bound: Fix  $\delta > 0$  and again set  $F_{\delta} := [D(\bar{P}, \bar{Q}) - \delta, \infty)$  and

$$D_n := \{ S_n / n \in F_{\delta} \}.$$
  $n = 1, 2, \dots$  (23)

As in the above arguments, we know that for large n,  $D_n$  satisfies the power constraint. Following the arguments of Ref. 6, Lemma 3.4, we argue that for each n = 1, 2, ...

$$Q(D_n) = \int_{\left\{S_n \ge n\left(D(\bar{P},\bar{Q}) - \delta\right)\right\}} dQ$$

$$\leq \int_{\Omega} \exp\left[S_n - n\left(D(\bar{P},\bar{Q} - \delta)\right)\right] dQ$$

$$= \exp\left[-n\left(D(\bar{P},\bar{Q}) - \delta\right)\right] \int_{\Omega} e^{S_n} dQ$$

$$= \exp\left[-n\left(D(\bar{P},\bar{Q}) - \delta\right)\right] (1),$$
(24)

and consequently,

$$\limsup_{n} \frac{1}{n} \log Q(D_n) \le -D(\bar{P}, \bar{Q}) + \delta. \tag{25}$$

As above, this is sufficient to prove the upper bound Eq. (13) since  $\delta > 0$  was arbitrary.

Lower Bound: We next prove that

$$\liminf_{n} \frac{1}{n} \log e(n, \epsilon) \ge -D(\bar{P}, \bar{Q}). \tag{26}$$

Our proof of Eq. (26) is essentially the same as that in Ref. 2. Take  $\delta > 0$ . Then for each positive integer n, we can find a set  $U_n$  in  $\mathcal{F}_n$  so that

$$P(U_n) \ge 1 - \epsilon \tag{27}$$

and

$$Q(U_n) \le e(n, \epsilon)e^{n\delta/2}. (28)$$

Define  $F_{\delta} := (-\infty, D(\bar{P}, \bar{Q}) + \delta/2]$  and set

$$D_n := \{ S_n / n \in F_{\delta} \}.$$
  $n = 1, 2, \dots$  (29)

As in the proof of the upper bound, the SLLN ensures that  $\lim_{n} P(D_n) = 1$ , so necessarily

$$\liminf_{n} P(U_n \cap D_n) \ge 1 - \epsilon.$$
(30)

For each  $n = 1, 2, \ldots$ ,

$$P(U_n \cap D_n) = P_n(U_n \cap D_n)$$

$$= \int_{U_n \cap D_n} e^{S_n} dQ$$

$$\leq \int_{U_n \cap D_n} \exp\left[n\left(D(\bar{P}, \bar{Q}) + \delta/2\right)\right] dQ$$

$$\leq \exp\left[n\left(D(\bar{P}, \bar{Q}) + \delta/2\right)\right] Q(U_n \cap D_n),$$
(31)

where we have used Eq. (9) and the fact that  $S_n \leq n \left(D(\bar{P}, \bar{Q}) + \delta/2\right)$  on  $D_n$ , which is obvious from Eq. (29). Thus, upon combining Eq. (28) and Eq. (31), we have

$$e(n,\epsilon) \ge Q(U_n)e^{-n\delta/2}$$

$$\ge Q(U_n \cap D_n)e^{-n\delta/2}$$

$$> P(U_n \cap D_n) \exp\left[-n\left(D(\bar{P},\bar{Q}) + \delta\right)\right],$$
(32)

so in view of Eq. (30),

$$\liminf_{n} \frac{1}{n} \log e(n, \epsilon) \ge -D(\bar{P}, \bar{Q}) - \delta; \tag{33}$$

since  $\delta > 0$  was arbitrary, Eq. (26) is true.

Case 2:  $D(\bar{P}, \bar{Q}) = \infty$ 

We wish to prove that

$$\liminf_{n} \frac{1}{n} \log e(n, \epsilon) = -\infty. \tag{34}$$

From the SLLN found in Appendix B, we know that  $\lim_n S_n/n = \infty$  P-a.s. if R = P. Fix a positive number B, and define  $F_B := [B, \infty)$  and for each  $n = 1, 2, \ldots$ , let the decision region  $D_n$  be given by

$$D_n := \{ S_n / n \in F_B \}. \tag{35}$$

Then  $\lim_{n} P(D_n) = 1$  as in Case 1, but for each n = 1, 2, ...,

$$Q(D_n) = \int_{\{S_n \ge nB\}} dQ$$

$$\leq \int_{\Omega} \exp[S_n - nB] dQ$$

$$= e^{-nB} \int_{\Omega} e^{S_n} dQ$$

$$= e^{-nB} (1),$$
(36)

so that

$$\limsup_{n \to \infty} \frac{1}{n} \log Q(D_n) \le -B. \tag{37}$$

Hence, in a manner analogous to Eq. (22),

$$\limsup_{n} \frac{1}{n} \log e(n, \epsilon) \le \limsup_{n} \frac{1}{n} \log Q(D_n) \le -B, \tag{38}$$

and since B was an arbitrary positive number,

$$\limsup_{n} \frac{1}{n} \log e(n, \epsilon) = -\infty, \tag{39}$$

which was to be proved.

The proof of Theorem 1 is complete.

## CLOSURE

Note in our proof of Stein's Lemma that we did not formulate the Neyman-Pearson tests. The Strong Law of Large Numbers and Eqs. (11) and (12) led us to a series of tests that bounded the true Neyman-Pearson tests. The asymptotic behavior of these tests was found by using Large Deviations arguments, and Stein's Lemma resulted.

In the Neyman-Pearson tests studied here, we minimized the false alarm rate subject to a lower bound on the probability of detection. The more common formulation is to maximize the probability of detection subject to an upper bound on the false alarm rate. By reversing the roles of P and Q, we see that the two problems are equivalent. Define

$$\gamma(n,\epsilon) := \sup\{Q(D) : D \in \mathcal{F}_n, P(D) < \epsilon\}.$$
  $n = 1, 2, \dots$  (40)

Then  $\gamma(n,\epsilon)$  corresponds to maximizing the probability of detection Q(D) (the power) subject to the constraint that the false alarm rate P(D) satisfy  $P(D) \leq \epsilon$  (an upper bound on the size). Since

$$\gamma(n,\epsilon) = 1 - e(n,\epsilon), \qquad n = 1, 2, \dots \tag{41}$$

an alternate way of stating the result of Theorem 1 is

$$\lim_{n \to \infty} \frac{1}{n} \log \left( 1 - \gamma(n, \epsilon) \right) = -D(\bar{P}, \bar{Q}). \tag{42}$$

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Note also that we can in fact relax the assumption that the observations are i.i.d. If  $P_n$  is absolutely continuous with respect to  $Q_n$  for each  $n = 1, 2, \ldots$ , and if there is a constant M, possibly infinite, such that

$$M = P - \lim_{n} \frac{1}{n} \log \frac{dP_n}{dQ_n},\tag{43}$$

then it is easy to verify, using the above arguments, that

$$\lim_{n} \frac{1}{n} \log e(n, \epsilon) = -M. \tag{45}$$

We shall leave the proof of this extension to the interested reader.

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## Appendix A

## THE DIVERGENCE INTEGRAL

The proof that the divergence integral is well defined is difficult to find in the literature; here we provide a simple proof. We show that

$$\int_{E} \left( \log \frac{d\bar{P}}{d\bar{Q}} \right)^{-} d\bar{P} < \infty, \tag{A1}$$

where  $x^- := \min\{-x, 0\}$ . For convenience, define  $X := \frac{d\bar{P}}{d\bar{O}}$ . Now

$$\int_{E} (\log X)^{-} d\bar{P} = \int_{\{X \le 1\}} -\log X d\bar{P}$$

$$= \int_{\{X \le 1\}} -X \log X d\bar{Q}$$

$$= \int_{\{X \le 1\}} \varphi(X) d\bar{Q},$$
(A2)

where  $\varphi(t) := -t \log t$  for t > 0 and  $\varphi(0) = 0$ . If  $\bar{Q}\{X \le 1\} = 0$ , Eq. (A1) follows immediately from Eq. (A2), so assume that  $\bar{Q}\{X \le 1\} > 0$ . By differentiating twice, we see that  $\varphi$  is concave on  $[0, \infty)$ , so by Jensen's inequality,

$$\begin{split} \int_{\{X \leq 1\}} \varphi(X) d\bar{Q} &\leq \bar{Q}\{X \leq 1\} \varphi\left(\frac{1}{\bar{Q}\{X \leq 1\}} \int_{\{X \leq 1\}} X d\bar{Q}\right) \\ &= \bar{Q}\{X \leq 1\} \varphi\left(\frac{\bar{P}\{X \leq 1\}}{\bar{Q}\{X \leq 1\}}\right), \end{split} \tag{A3}$$

which is clearly finite; returning to Eq. (A2), we see that Eq. (A1) is true when  $\bar{Q}\{X \leq 1\} > 0$ .

## Appendix B

## THE STRONG LAW OF LARGE NUMBERS

The proof of Eqs. (11) and (12) requires the following formulation of the Strong Law of Large Numbers. **Proposition.** Let  $\{X_n\}_1^{\infty}$  be a sequence of i.i.d. RVs defined on an underlying probability triple  $(\Omega, \mathcal{F}, P)$ . Suppose that  $E[X_1]$  is well defined and  $-\infty < E[X_1] \le \infty$ . Then

$$\frac{1}{n} \sum_{i=1}^{n} X_i \xrightarrow{P-a.s.} E[X_1]. \tag{B1}$$

**Proof.** If  $E[X_1] < \infty$ , we may use Ref. 9, Theorem 2.3.1 to verify Eq. (B1); assume that  $E[X_1] = \infty$ . Take any positive constant B, and define

 $X_n^B := \min\{X_n, B\}.$   $n = 1, 2, \dots$  (B2)

Clearly the  $\{X_n^B\}_{1}^{\infty}$  are i.i.d. and P-integrable, so Ref. 9, Theorem 2.3.1 again applies and we conclude that P-a.s.

$$\lim_{n} \frac{1}{n} \sum_{i=1}^{n} X_{i}^{B} = E[X_{1}^{B}]. \tag{B3}$$

But P-a.s.

$$\liminf_{n} \frac{1}{n} \sum_{i=1}^{n} X_{i} \ge \liminf_{n} \frac{1}{n} \sum_{i=1}^{n} X_{i}^{B} \ge E[X_{1}^{B}]. \tag{B4}$$

Since B was an arbitrary positive constant, we let B tend to infinity, and by the Monotone Convergence Theorem, we then have from Eq. (B4) that P-a.s.

$$\liminf_{n} \frac{1}{n} \sum_{i=1}^{n} X_i = \infty, \tag{B5}$$

which is the result we seek when  $E[X_1] = \infty$ .